



Mon	Tues	Wed	Thu	Fri	Sat
9:00-10:00AM Women's KickBoxFit		9:00-10:00AM Women's KickBoxFit		9:00-10:00AM Women's KickBoxFit	
3:15-3:45PM Future Kidz 5-6yr. old		3:15-3:45PM Future Kidz 5-6yr. old			
3:50-4:30PM Kung Fu Kidz Prep 7-9yr. old	4:10-4:40PM Future Kidz Kung Fu 5-6yrs. old	3:50-4:30PM Kung Fu Kidz Prep 7-9 yr old	4:10-4:40PM Future Kidz Kung Fu 5-6yrs. old	3:40-4:20PM Kung Fu Kidz 10 yrs. and up Advanced Class (Blue Sash and above)	
4:30-5:15PM Kung Fu Kidz Ages 10 yrs. And up	4:50-5:30 PM Kung Fu Kidz Prep 7-9yr. old	4:30-5:15PM Kung Fu Kidz Ages 10 yrs. and up	4:50-5:30PM Kung Fu Kidz Prep 7-9yr. old	4:30-5:15PM Kung Fu Kidz Sparring	
5:30-6:30PM CT707 Krav Maga (Beg./Int.) Self-Defense	5:30-6:15PM Kung Fu Kidz 10 yrs. and up	5:30- 6:30PM CT707 Krav Maga (Beg./Int.) Self-Defense	5:30-6:15PM Kung Fu Kidz 10 yrs. and up	5:30-6:30PM Adult/Teen Kung Fu (interm/adv.)	
6:45-*7:45PM Adult/Teen (beg) Kung Fu	6:30-7:30PM Kung Fu Kidz 10 yrs. and up Advanced Class (Blue Sash and above)	6:45-*7:45PM Adult/Teen (beg) Kung Fu	6:30-7:30PM CT707 Krav Maga (Int./Adv.) Class		
*7:15-8:30PM Adult/Teen (int/adv) Kung Fu		*7:15-8:30PM Adult/Teen (int/adv) Kung Fu			

* Teen/Adult Kung Fu Conditioning for all levels 7:15-7:45pm